



QUIET TIGER
TAI CHI

NEW CLASS

I N T R O D U C T I O N

TO

TAI CHI

BEGINNING

Wednesday, January 23

Weekly Classes

Wednesdays 5:30 – 6:30 PM

The Quiet Tiger studio includes a view of the Snake River and provides a relaxing atmosphere for learning this stress reducing and health promoting martial art. The cost is \$50 for the six week course.

SPACE IS LIMITED

— TO TWENTY PARTICIPANTS —
RESERVE YOUR SPOT NOW!